

Pre-match behaviour

Personal Presentation

- Arrives mentally and physically fit to umpire; early, looking fresh for the game after a good night's sleep, he is hydrated
- Smart and looking the part, with his kit in order
- Aware he is an ambassador for his state, and for umpiring, has a positive outlook and projects himself as an advocate for umpiring

Commitment

- He has prioritised the game; does not bring any 'clutter' to his preparation
- Has attended relevant PD workshops, he is informed of relevant updates
- Supports his colleague through humour and focused discussions.

Preparation

- Has a comprehensive knowledge of the Laws and relevant Playing Conditions
- Has agreed with colleague/s on signals and procedures to follow
- Has discussed possible scenarios in relation to WGL, overs calculations
- Has contacted colleague before the game to discuss any relevant issues

Contribution to Umpiring and to Cricket

- He is self-critical about his own game and supports and encourages his colleague/s
- He does not criticize colleagues and demonstrates common sense on sensitive issues
- He sets high standards for himself and expects the same in others

Self-awareness

- He has set targets for this game and actively seeks feedback on areas he has identified
- Knows when to listen – and when to make a positive contribution
- He demonstrates that he is confident and that he has high self-esteem

Effective Communication

- He makes a positive first impression with a firm handshake; he is an active listener
- He establishes a professional, respectful rapport with all concerned in the game
- He stands up for himself and his colleagues; he is an assertive team member
- He articulates any concerns or challenges that he thinks the game may generate

Match behaviour

Personal Presentation

- He 'stays in the moment' and looks prepared and confident throughout play
- He sells his decisions with positive body language and minimal facial expression
- He maintains a comfortable posture when moving and when in position
- He has a positive stance, head position still, with an appropriate pre-delivery routine
- He has a relaxation routine – triggered when the ball is dead
- His signalling is clear, committed, and precise, without ambiguity

Commitment

- He demonstrates strength of character when he commits to a decision; he doesn't 'dodge the bullet'; he knows what the game expects of him
- He enjoys pressure because he retains control over his emotions; he remains focused throughout the match
- He demonstrates support of his colleague whenever the need arises.
- His routines and movements are well rehearsed and secure – he is not 'caught out' of position

Preparation

- He applies his knowledge of the Laws and relevant Playing Conditions with confidence and certainty with all in the game
- He shows evidence of prepared strategies for dealing with the unexpected, and for helping himself maintain focus throughout the game; he can recover from set-backs
- He knows the players and captains and has anticipated challenges that arise
- His fitness and hydration levels remain high throughout the match

Contribution to Umpiring and to Cricket

- He is happy and confident in setting high standards of behaviour and skill execution
- He shows respect for all throughout the game
- He enjoys the game, and retains his sense of humour throughout

Self-awareness

- His movements and routines are consistently confident throughout the match
- He uses common sense and discretion throughout the match
- He looks confident, and personifies confidence throughout the game

Effective Communication

- Communication routines are securely executed throughout the match with all concerned; he demonstrates a supportive team ethic
- His rapport with all is professional and confident throughout the match
- He is decisive, clear, and precise in all his communications, with no ambiguity
- He demonstrates the effective use of talk, and listening, appropriately to all throughout the game

Post-match behaviour

Personal Presentation

- He 'stays in the moment' and looks calm and confident during discussions
- He has a routine for 'winding down' post-match
- He maintains a comfortable posture when discussing the match

Commitment

- He demonstrates that he is prepared to actively listen to a critique of his game
- He respects and welcomes ideas and suggestions to improve his game
- He demonstrates support of his colleague after the match

Preparation

- He is prepared for a positive dialogue with captains and colleagues
- He shows respect for all involved in post-match discussions
- He accepts that the perceptions of others can help him to improve his game
- He remains focused on relevant issues throughout post-match discussions
- He avoids 'getting himself into jail' with inappropriate remarks

Contribution to Umpiring and to Cricket

- He demonstrates discretion in discussions by avoiding negative comments
- He shows respect for all involved in discussions
- He retains his sense of humour throughout discussions

Self-awareness

- He demonstrates awareness, in discussions, that he is an ambassador for umpiring`
- He uses common sense and discretion in discussions
- He looks confident, and personifies confidence throughout discussions

Effective Communication

- His rapport with all is professional and focused after the match
- He is decisive, clear, and precise in all his reports, both verbal and in writing, with no ambiguity
- He demonstrates the effective use of talk, and listening, appropriately to all after the game
- He avoids being defensive because he knows it inhibits open discussion